



Football Cup Rules

The game will take a 5-on-5 round robin format with two 15-minute halves.

General Overview of Rules:

- ◆ The game will utilize small goal bars with no goalkeeper and no penalty box
- ◆ Teams are allowed Unlimited substitutions
- ◆ Usual yellow & red card rules will apply
- ◆ A penalty will be awarded for a foul within 15 meters of the goal that results in a player being carded
- ◆ If a player is red carded the player will be sent off and the team must play with 1 player down for 7 ½ minutes
- ◆ Females are required to play 7 ½ minutes per game

Overtime Rules:

- ◆ In the event of a tie at the end of regulation, a penalty shoot-out will determine the winner
- ◆ All team members are allowed to take part in the penalty shoot-out
- ◆ The penalty shoot-out will be a best of 5.
- ◆ If the score is still tied after the initial round of 5 penalty shots it will continue as a single penalty shot sudden death.

Schedule:

- ◆ Each team will play every team twice in a round robin format.
- ◆ The top 2 teams after the second round of matches will play in the Finals
- ◆ If 2 teams are tied on the same points the difference will be decided in order by:
 - (1) head to head match up results - better head to head record is ranked higher
 - (2) goal difference - greater goal difference is ranked higher if (1) is tied
 - (3) goals scored - most goals scored is ranked higher if (2) is tied

Team Round Robin Points Scoring:

- ◆ Win - 3 pts, Loss - 0 pts